

Sol Garden Creations & Aqua Creations Summer Camp
Policies and Procedures Handbook

Imaginative Minds LLC

Jackqueline Lindsey

Owner

<u>jlindsey@imagineminds.org</u> 313-207-3191

#### **Goals & Objectives**

Sol Garden Creations & Aqua Creations Summer Camp provides children with a natural setting and promotes activities that encourage the development of well-rounded individuals that benefit society.

#### TO DEVELOP A SENSE OF RESPONSIBILITY AND AN AWARENESS OF ALL PEOPLE.

- \* Values clarification activities with children
- \* Experience in working together with a variety of cultures.
- \* Conflict resolution through counselor facilitation

## TO DEVELOP THE INDIVIDUAL SENSE OF RESPONSIBILITY TO CONSERVE AND PROTECT THE NATURAL WORLD.

- \* Ecology activities
- \* Experience in the out of doors
- \* Conservation of food, paper goods, materials, and water
- \* Protection of plant and animal life through education
- \* Introduction to and care for young aquatic fish to develop respect for living things

## TO PROVIDE A WHOLESOME EXPERIENCE IN YOUTH-ADULT PARTNERSHIP GROWING OUT OF THE CLOSE RELATIONSHIP BETWEEN CAMPER AND COUNSELOR.

- \* Recruitment of responsible, caring and enthusiastic staff members who relate well to children.
- \* Working in small groups to insure each individual an opportunity to build an open relationship with an adult
- \* The chance to meet and work with many staff members that provide additional support and opportunities for friendships.

## TO DEVELOP A HIGH LEVEL OF SELF-CONFIDENCE, SELF-ESTEEM, AND LEADERSHIP SKILLS.

- \* Campers will work in teams to complete project based learning activities
- \* Opportunity to try new experiences that challenge each individual with support and encouragement from staff
- \* Provide campers the chance to lead, teach, or represent their peers or staff in activities
- \* Use of positive reinforcement for individual achievements and good choices

## SPECIALTY PROGRAM CLASSES - TO PROVIDE CAMPERS WITH PROGRAM AREA IN WHICH THEY CAN SPECIALIZE IN & DEVELOP A SKILL IN.

#### Sol Garden Creations & Aqua Creations Summer Camp

- \* Each child will learn the basic skills in the area as well as learn several new skills
- \* They will work toward an end project or performance that will involve staff or the rest of camp
- \* A variety of activities/things will be tried to broaden the camper's base of knowledge in area
- \* Campers will choose and plan for their experience with the guidance of their instructor

# BASIC PROGRAM CLASSES - TO PROVIDE CAMPERS WITH THE OPPORTUNITY TO TRY EACH PROGRAM AREA AS OFTEN AS THEY WISH AND BROADEN THEIR EXPERIENCE IN MANY DIFFERENT AREAS.

- \* Each camper will have the opportunity to learn from an experienced instructor a few basic skills in each class
- \* Campers will be introduced to the overall program offered in the specialty class
- \* The class will be fun and work toward positive interaction between campers

### CAMP MEAL PROGRAM - CAMPERS & STAFF WILL EAT FAMILY STYLE AND WORK TOWARD PROPER DINING PROCEDURES.

- \* Campers will use basic proper table manners.
- \* Campers are introduced to and encouraged to try new foods.
- \* Campers will be asked not to leave food on their plate and instructed in reasons not to waste food.
- \* Campers will learn how to set a table correctly.
- \* Campers will use proper conversational skills at the table.
- \* Campers will learn how to properly clean their areas after eating

#### OPEN RECREATION - RECREATION AREAS ARE OPEN AND STAFFED FOR CAMPERS USE

- \* Campers get to choose as individuals which area they would like to use
- \* Campers may stay during the alotted time for their group and experience as many different activities as they like
- \* Campers have a chance to work/play with different children
- \* Campers get a chance to experience and work on different skills at their own speed

## ALL CAMP ACTIVITIES - LARGE GROUP ACTIVITIES AND/OR GAMES WITH THE ENTIRE CAMP

- \* Campers get a chance to interact with other children in different age groups
- \* Campers interact with a large group of people
- \* Campers get a chance to play with staff and see them in a different aspect

#### **Age Level Characteristics**

#### AGE GROUP: 8 - 9

- love to play
- like games using competition
- deep interest in heroes and tall tales
- seek approval of adults imitate to gain approval
- like to collect things
- work attentively for only short periods of time
- high imagination
- careless of personal appearance
- full of questions
- need! Affection, help in skills, help in cooperation, develop an appreciation of others

#### AGE GROUP: 10 - 11

- Interest in team games
- coordination improves.
- crave excitement and physical motion.
- gang interest
- seek approval of the gang
- mental development rapid
- emotionally they are still young.
- confidence in oneself increasing.
- interests enlarges.
- can be interested in the welfare of the group.
- work hard on exciting jobs.
- need! Opportunities to explore, experiment, and create, to continue to develop respect for peers, opportunities to help in planning and opportunity to carry responsibility.

#### AGE GROUP: 12 - 13

- Maturing physically and mentally
- appetite tremendous
- gang loyalty is very strong.
- tend to overdo.
- stepping on threshold of adulthood
- see themselves through the eyes of their friends.
- begin to wonder what life is all about
- Opportunities for making own decisions, opportunities for winning approval of friends, opportunities for use of skill.

#### **Behavior Management Policy**

- 1. DISCUSS WITH CAMPERS THE BASIC GROUND RULES of camp and why they are important, as well the consequences.
- 2. IF **SAFETY** IS AN ISSUE, <u>do not</u> haggle! State the rule and the behavior that is wrong and stop it immediately!!!
- 3. TO APPLY CONSEQUENCES: BE CONSISTENT AND UNIFORM WITH ALL CAMPERS
  - CHECK WITH YOUR SUPERVISOR FIRST
  - BE SURE TO FOLLOW THROUGH

**DO NOT:** \* **DEPF** 

- \* DEPRIVE ANY CHILD OF FOOD OR WATER
- \* PLACE A CAMPER ALONE WITHOUT SUPERVISION
- \* SUBJECT A CAMPER TO: RIDICULE

**THREATS** 

**CORPORAL PUNISHMENT** 

**EXCESSIVE PHYSICAL EXERCISE OR EXCESSIVE RESTRAINT** 

**VERBAL ABUSE** 

- \* KEEP THE CAMP DIRECTOR INFORMED OF ALL DISCIPLINARY ACTION!
- 4. STEPS TO STOPPING A NEGATIVE BEHAVIOR:
  - 1) Stop activity and using a stern look and firm voice, let them know the behavior is wrong.
  - 2) If behavior is repeated, stop activity. Pull those/the person involved aside and put the responsibility on them to change their behavior by:
    - identifying the bad behavior
    - stating the broken rule
    - stating the consequences
    - issuing last warning
  - 3) If behavior persists, do not hesitate. Carry through your warning.
  - 4) If child refuses to adhere to the stated rules after warnings and consequences have been issued, get another counselor or your supervisor.
  - 5) Normally, at this point, the matter has been taken care of. On the rare occasion that the camper still persists; your supervisor will take care of this one. This is an unusual situation calling for more individual attention than a counselor has available.

- Sol Garden Creations & Aqua Creations Summer Camp 5. ACCEPTABLE CONSEQUENCES OF RULE BREAKING INCLUDE:
  - 1) Quiet time

  - 2) Restriction from activity3) Restriction to the campsite4) Clean appropriate designated facility

,	erence with Director erence with parent/guardian
	ISTRATIVE STAFF WILL MAKE PERIODIC EVALUATIONS of the program, staff ers, and camper groups to insure that the camp environment is not contributing to behavior ns.
	cut here
	ADHERENCE TO DISCIPLINE POLICY
I have re policy as	eceived and read the Discipline policy and understand it fully and agree to adhere to the stated.
Signed:	Date:

#### **Child Protection Law Plan**

The Child Protection Law, Act No. 238, Public Acts of 1975, as amended, being 722.621 et seq. of the Michigan Complied Laws, and known as the Child Protection Law will serve as the guideline for discipline policies at Sol Garden Creations & Aqua Creations Summer Camp.

- 1. Upon arrival of camper, the nurse shall screen all campers as to their physical condition. Note any bruises, cuts, or markings on the child's body.
- 2. The counselor shall also watch for any signs of child abuse or neglect.
- 3. If child abuse is suspected, follow the chain of command in reporting. If camper confides to you of having been abused or neglected, only relate this information to those in authority. Do NOT tell any camper or other staff member.
- 5. Camper's records and applications shall be confidential. No one shall have access to the camp and camper's files except from permission of the Director, or other designated official.
- 6. The camper has a right to review and screen their own record.

#### DEFINITIONS IN ACCORDANCE WITH SEC. 722.621 OF MICHIGAN STATE LAW.

"Child"	- means a person under 18 years of age.
"Child abuse"	- means harm or threatened harm to a child's health or welfare by a
	person responsible for the child's health or welfare which occurs through
	non-accidental physical or mental injury, sexual abuse, or maltreatment.
"Child neglect"	<ul> <li>means harm to a child's health or welfare by a person responsible for the child's health or welfare which occurs through negligent treatment,</li> </ul>
	including the failure to provide adequate food, clothing, or medical care.
"Department"	- means the State Department of Social Services.

#### ACTION TO BE TAKEN TO REPORT CHILD ABUSE OR NEGLECT

- 1. Camp Director or designated official shall make an oral report within 8 hours.
- 2. Within 72-hours a written report shall be made to the Department of Social Services. A written report shall contain the name of the child and a description of the abuse or neglect. If possible, the report shall contain the names and addresses of the child's parents/guardians, or the persons with whom the child resides, and the child's age. The report shall contain other information available to the Department of Social Services which might establish the cause of abuse or neglect and the manner in which it occurred.

3. If	a camper appears	to be injured, medica	l treatment will be given	by the nearest	t medical facility.
-------	------------------	-----------------------	---------------------------	----------------	---------------------

4. Reporting is handled throu	gh the local county Department of Social Services.
The office to report to is _	<u> </u>

# Camper Records Camper Record

Name		
		Birthday
Address		
City	State	
,		Σιρ
If under 18:		
Address		
Address	Dh	one (Night)
		one (Night)
		eper
Other	0	her
In case of emergency conta	ct·	
Name		Relationship
Name	Phone	Relationship
		Relationship
	1 116116	rtoldilonomp
If under 18: Only release this camper to the	e following adults:	Telephone
Parental or guardian permissi		
I give my permission for		to attend and participate ir
ol Garden Creations & Agua C	reations Summer Cam	p to be held from <u>June 19, 2023</u> to
		milton Ave., Highland Park, MI 48203.
Please list special needs, limit	ations, adaptation: (wri	te additional comments on back)
Please list any special behavi	oral considerations and	how they are handled:
Parent / Guard		Relationship

#### **Camper Records**

#### **Parent OR Guardian Authorization Form**

#### **IMPORTANT!!**

#### Parent or Guardian SIGN HERE please!

#### **AUTHORIZATIONS:**

My child has permission to engage in all prescribed camp activities, except as noted by me or an examining physician.

In case of injury, parents or the emergency contact person will be called immediately for their decision on medical treatment.

If parents or the emergency contact person is not available, we will use our best judgment as to what course of action to pursue and will continue to attempt contact. The camp or our organization will not be responsible for any costs incurred as a result of illness or injury. Parents should notify camp if this camper is exposed to any communicable disease during the three weeks prior to camp attendance.

I understand my child will be sent home if their behavior jeopardizes the other participants, jeopardizes the integrity of the program, or is not viewed as appropriate in anyway by the group leadership.

I understand my child may be participating in camp activities that <u>may</u> include Technical Tree Climbing, Horseback Riding, Boating, and Archery. I understand that there may be inherent risks in these activities.

If my child must return home due to illness or behavior, I will incur the cost of transporting them home or I will arrange transportation for my child within a realistic time specified by the group leadership.

I also give my permission for my child be photographed or videotaped and allow our group to release said pictures for publicity purposes.

In the event that I am not able to pick up my child, she (he) may be released only to the follopeople:				
	,		,	
	,		,	
Signed:	Relationship:	Date:		

# Health Service Policy GENERAL HEALTH POLICY

GENERAL HEALTH POLICY
STAFFING
Our Health Officer who holds certification in/asand is
Our Health Officer who holds certification in/as and is current in CPR The Health Officer, or other staff member designated by the Health Officer, shall be on duty at the camp at all times while the camp is in session. This designated person will be who has had Red Cross Standard First Aid
Training & CPR. The Health Officer shall indicate their whereabouts on camp property, preferably on a sign posted on the Health Center door or
, and will always inform the Camp Director and
Administrative Assistant in person, text message with response of receipt, and/or via email depending on the length of time they will be away if he/she is leaving the campgrounds so that continuous coverage will be available for emergencies.
HEALTH OFFICER QUALIFICATIONS PHYSICIAN - Licensed to practice in Michigan & CPR REGISTERED NURSE - Certified to practice in Michigan & CPR PRACTICAL NURSE - Licensed to practice in Michigan & CPR EMT - Licensed to practice in Michigan & CPR Camp Health Officer - An adult with Basic Standard First Aid & CPR
NOTES: o CPR = min. 8 hour course & SFA = min. 17 hour course o If group is more than 20% handicapped or non-ambulatory Health Officer with certification for: FIRST AIDER = must be an adult with <u>Advance</u> First Aid o Any course that is equivalent to the American Red Cross courses are acceptable.
CONSULTATION SERVICES Our camp doctor is: Address
Phone:Days/Hours:
Emergency Number:Where:
He/she has agreed to and be accessible by phone to us and to see sick or injured campers in office and bill the parents directly.
EMERGENCY TRANSPORTATION AND SERVICES In the event of an emergency or serious injury, the(Health Officer) or(Administrative Staff) will make the decision to call EMS or to transport the

If advanced emergency services are required, we will take campers to \_\_\_\_\_, at \_\_\_\_\_, phone \_\_\_\_\_.

Other emergency transportation may be provided by an Administrator's car.

The hospitals medical staffs are available on a twenty-four hour basis.

service by calling the Sheriff's Department at: 911

4/2/2023

individual(s) concerned for medical treatment. EMS service is available from Croswell Ambulance

Attached are statements of emergency care for this season which has been agreed upon by both institutions. As stated in these agreements, a staff member will accompany any person sent by either car or ambulance to the hospital.

P	ΔR	FN	JT	NO	TIF	IC.A.	TION
	$\neg$ ı		• •	-			11011

Camper's parents or lega	l guardians will be	notified by the	Health Officer	0
Camp Director	as follows:			

- 1) Immediately in the event of death
- 2) Immediately following admission to the hospital
- 3) As soon as possible if Health Officer and/or physician recommends that camper returns home due to serious injury or illness.
- 4) At Health Officer's discretion if other matters that require their attention related to the health of their child.

#### **DAILY OBSERVATION**

It is each \_\_\_\_\_\_\_(Camp Staff) responsibility to be aware of each of their camper's physical condition on a daily basis. Any changes in appearance, appetite, activity level, behavior patterns, or health habits are to be reported to the Health Officer. The Health Officer will investigate the situation further.

#### **SCREENING OF CAMPERS**

All campers will be screened by the Health Officer within twenty-four hours of their initial arrival at camp. This screening will include a review of the camper's health history, a general physical assessment, a discussion of health needs with the camper, and a checking in of all medications. The Health Officer shall be alert to the signs of communicable disease in the camper and camp site area.

#### FIRST AID AND HEALTH CARE SUPPLIES

Emergency first aid supplies will be located in the following areas:

<u>Classrooms and/or Kitchen areas</u>. First aid kits will be available for field trips, and will be stored in the designated areas when not in use. All medications will be kept in the health center in a locked place if it is not medically contraindicated to do so. An inventory of supplies is attached.

#### MEDICATION STORAGE AND ADMINISTRATION

All campers and staff medications must be turned into the Health Officer. They should be in the original container with the dosage and frequency marked. The Health Officer is responsible for keeping all prescription drugs and medications under locked storage, in the church office and/or designated area. When the Health Officer is off duty, The Camp Director\_or Administrative Assistant retain a key to the locked storage cabinet(s) and assume the responsibility. The Health Officer will prepare and dispense medications to the appropriate persons at designated times as prescribed for the campers by the physician.

#### Sol Garden Creations & Aqua Creations Summer Camp

FOLLOW UP		
The	_(health director) or	(camp director)
will return all medications at		
for any continuing problems that sho		
Camp Director if there is a	nything they need to know.	
FIELD TRIDO		
FIELD TRIPS		
The(camp staff)		
Officer prior to leaving on a camp ou	t or field trip. The Health Officer \	will give instructions to the
counselor as to any prescription med	dications which must be given to t	the campers involved and
they will be kept in a locked box if it	s not medically contraindicated.	·
	•	
Any medication dispensed or treatm	ents given will be recorded by the	e(field
trip leader). All parties will check bad		
Officer will review the treatment log f		
Aid and CPR training will accompany	•	
while away from camp, the	, , , , , , , , , , , , , , , , , , , ,	
immediately, and the proper course	of action will be taken. If medical	treatment is needed, an
accident report form will be filled out		
are and a second	•	

#### **Health Service Policy**

#### **EXPOSURE CONTROL PLAN**

#### **Exposure Control Plan**

This information is provided to camp employees in partial compliance with OSHA's Bloodborne Pathogen Standard. It is the intent of the camp to educate people about issues related to exposure to body fluids, to use management techniques and equipment to minimize exposure risks for employees, and to monitor individuals' use of these techniques. The camp program recognizes universal precautions as an effective control measure. This describes the application and monitoring of potential sources of risk in the camp program, the steps taken by camp to protect employees, and the actions taken by camp if blood or body fluid exposure occurs.

JOB CLASSIFICATIONS WHICH, BY VIRTUE OF JOB DESCRIPTION, INCUR THE RISK OF EXPOSURE TO BLOOD AND OTHER BODY FLUIDS: Nurse, Nursing Assistant

JOB CLASSIFICATIONS WHICH, BY VIRTUE OF JOB DESCRIPTION, PROVIDE FIRST AID CARE AS AN ANCILLARY TASK RATHER THAN A PRIMARY TASK: Designated wilderness first aider in Camp tripping programs, Lifeguarding staff when on-duty at the waterfront.

(ALL OTHER JOB CLASSIFICATIONS ARE NOT EXPECTED TO PROVIDE FIRST AID BUT RATHER REFER PEOPLE IN NEED OF HEALTH CARE TO THE NURSE/NURSING ASSISTANT.)

Camp nurses and nursing assistants (NAs) can reasonably expect to come in contact with blood and other body fluids. The potential for exposure to transmitted diseases is greatest for these staff members. Consequently, the program follows these practices:

Members of the Camp health care team are oriented to the potential for exposure by Camp's Health Care Administrator. A record of who received the education and its content is kept for three years by the Administrator. Orientation includes:

- A. Identification of risk areas: Contact with blood-borne pathogens (e.g., hepatitis, HIV), Contact with airborne pathogens (e.g., common cold, TB), contact with surface-borne pathogens (e.g., staph infections).
- B. Education about the nature of the risk: Method of transmission, virulence of pathogens, resistance factors related to potential host, symptoms and information sources which provide clues to potential risk areas.
- C. Work practices designed to minimize exposure:
  - 1. Availability of personal protective equipment (PPE) Gloves, CPR mask, Antimicrobial soap, (eye, nose, and mouth) shield, Body fluid spill clean-up kits.
  - 2. Double-bagging via red bag and disposal procedure for hazardous waste.
  - 3. Screening individuals who come to the program.
  - 4. Requiring participants to provide health information.
  - 5. Use of universal precautions by staff.
  - 6. Education for people working in risk areas: Health care team members, lifeguards, housekeeping, kitchen staff.

- 7. Hepatitis B vaccination for nurses: Camp pays for vaccinations done by the local provider during the nurse's contracted time. Camp encourages non-vaccinated nurses to get vaccinated.
- 8. Video which teaches effective use of the CPR mask.
- 9. Sharps container provided which has biohazard label affixed.
- 10. Resource personnel to answer questions: Camp Health Care Administrator, Camp Supervising Physician, and State Dept. of Health Epidemiologist.
- D. Behavior expected from employees to minimize risk:
  - 1. Use of PPE
    - A. Gloves are used when in contact with body fluids or providing skin treatment (e.g., applying medication to poison ivy, washing a rash).
    - B. CPR mask is used to provide CPR/artificial respiration.
  - 2. Minimum 15 second hand washing with antimicrobial soap after: Removing gloves, Contact with potential risk, unprotected contact with any body fluid.
  - 3. Minimum 60 second hand washing with antimicrobial soap after blood splash.
  - 4. Use of body fluid spill's clean-up kit.
  - 5. Vaccination to protect from hepatitis B.
  - 6. Sharps disposed of properly: No re-capping of needles, All sharps (lancets, needles) placed in sharps container immediately after use, Full sharps container given to Administrator for disposal through local hospital.
  - 7. Participation in education about disease control.
  - 8. Immediate reporting suspected exposure (e.g., needle stick) to supervisor and Administrator.
- 9. Performing job tasks in a manner which minimize/eliminate exposure potential. Evaluation of compliance with the camp exposure control plan as part of the camp personnel management system.

#### **Camp Counseling Staff**

While the potential for exposure to blood-borne pathogens is minimal for general counseling staff, it does exist. The camp health care plan vests authority in general staff to respond to emergencies at the level of their training while initiating the camp emergency response system. Since camp emergency response occurs within minutes, the potential for exposure is limited and most likely confined to initiating CPR/artificial respiration and slowing severe bleeding.

In keeping with accepted practices, the Camp Health Care Administrator educates Camp staff during orientation about appropriate response practices:

- 1. Staff are instructed to use a CPR mask for CPR and artificial respiration; masks are kept at the waterfront and health center.
- 2. Staff are instructed to use gloves when potential for contact with blood or blood-tinged fluids exist. Gloves are in all first aid kits. Staff members who want to carry a pair on their person may obtain them from the health center.
- 3. Staff are instructed to respond in emergency situations to the level of their training per State Good Samaritan regulations.
- 4. Staff are instructed to initiate the camp emergency response system immediately.
- 5. Staff participate in a discussion of "emergency" to establish defining attributes of their response.
- 6. Staff are educated to approach care of minor injuries from a coaching perspective and

specifically directed to refer injured people to the Camp healthcare team if self-care is inappropriate or impossible.

#### **Post-Exposure Plan for Camp**

Camp employees who have a blood exposure incident are eligible for follow-up treatment. Follow-up is initiated by the employee who must immediately (within fifteen minutes) notify the camp nurse when a blood exposure incident occurs. The following plan is initiated. Records of the incident are maintained for the duration of employment plus thirty (30) years by the camp director and according to OSHA requirements (i.e. separate from personnel records). Camp administration debriefs each incident in an effort to identify ways to improve the camp's exposure risk.

Time Line	Employee's Actions	Camp Nurse's Actions	Camp Director's Actions
Within 24 hours	Exposure incident occurs. Report incident to camp nurse within 15 minutes of happening  Begin prophylactic treatment. Complete WkComp form & incident report with camp director	Notify camp director. Begin 15 second scrub of area with bacteriostatic soap followed by application of disinfectant Contact supervising MD and refer client for assessment  Begin psycho-social support process.	Determine source of contamination, initiate request to have source screened for infectious diseases. Notify insurance. Create incident report file with supporting documentation.  Contact mental health professional for employee. Complete WkComp & incident report form with employee.
Within next 48 hours	Continue medical follow-up per MD orders.  Begin counseling support	Monitor client adjustment to situation; answer questions as needed. Provide needed cares.	Follow testing of source individual as warranted.  Consult with mental health professional to arrange post-camp therapy per need.
Beyond first three days	Continue post-exposure prophylaxis as directed by MD.  Participate in review of incident.	Participate in review of incident.	Maintain contact with employee to follow incident. Lead review of incident. Review incident, adapt camp practices as needed to manage risk, to minimize chance for repeat of situation. Maintain records for duration of employment plus 30 years.

#### **Information on Universal Precautions**

As part of an overall exposure control plan, mandated by the OSHA Bloodborne Pathogens Standard, "universal precautions" are part of infection control practices. They are specific guidelines which must be followed to provide every person protection from diseases which are carried in the blood. Since blood can carry all types of infectious diseases even when a person does not look or feel ill, knowledge of universal precautions is essential for anyone who might come into contact with blood or other body fluids.

The following are sample guidelines, recommended by the Centers for Disease Control, to prevent cross- contamination from blood-borne pathogens.

- All health care providers should use appropriate barrier precautions to prevent skin and mucous-membrane exposure when contact with blood or body fluid of any person is anticipated. Personal Protective equipment such as latex or vinyl disposable gloves should be readily available in health care, housekeeping and maintenance areas, in all first aid kits, and in vehicles.
- 2. Any person giving first aid should always wear latex or vinyl disposable gloves if blood is visible on the skin, inside the mouth, or if there is an open cut on the victim. Gloves should be changed after contact with each person.
- Gloves should always be worn when handling items or surfaces soiled with blood or bloody fluids. Such areas (floor, counter, etc.) should be flooded with bleach solution (1 part bleach to 10 parts water), alcohol, or a dry sanitary absorbent agent. However, routine cleaning practices are all that are needed if blood is not visible or likely to be present.
  - As examples, gloves should always be worn when cleaning up blood from a counter after a cut finger, but gloves do not usually need to be worn to handle urine soaked bedding unless blood is obvious. Disposable towels and tissues or other contaminated materials should be disposed of in a trash container lined with plastic. Biohazard bags ("red bags") are to be used for dressings or other materials used to soak up blood or other infectious waste.
- 4. Remove gloves properly pulling inside out. Place gloves in bag with waste. Hands and other skin surfaces should be washed with soap and water immediately and thoroughly if contaminated with blood or other body fluids.
- 5. Masks, protective eye wear, gowns or aprons should be worn during procedures that are likely to generate droplets or splashes of blood or other body fluids.
- 6. Needles should NOT be re-capped, purposely bent or broken by hand, removed from disposable syringes, or otherwise manipulated by hand.
  - After use, disposable syringes and needles, scalpel blades and other sharp items should be placed in puncture-resistant "sharps" containers for disposal.
- 7. Mouthpieces, resuscitation bags, or other ventilation devices should be available for use in areas in which the need for resuscitation is predictable.
- 8. Health care workers who have draining lesions or weeping dermatitis should refrain from all direct care and from handling equipment until the condition resolves.

All procedures should be specific to the staff and clientele served. All persons who might come into contact with blood or other body fluids must be trained to follow appropriate procedures.

# Camper Health Requirements MEDICAL RECORD LOG

PAGE	of	_PAGES			
TIME	NAME	CABIN	NATURE - ILLNESS/INJURY	TREATMENT/DISPOSITION	BY

# Health Service Policy INDIVIDUAL CAMPER MEDICAL SHEET CAMP MEDICATION RECORD

Name		Unit	Unit/Cabin A			Allergies	gies				Physician Phone#						
Staff Responsible		Ses	Session/Dates				Parent(s) Phone				∍#						
				;	SCHED	JLED N	IEDICA	DICATIONS									
	Medica	tion (Name, Dose, Route, Frequency)	Date _ Hour _														
								_									
							1										
	Initials	Full Signature					Initials Full Signature										
1				3													
2							4										

Name Unit					Alle	Allergies					Unit Staff		
PRN and ONE-TIME MEDICATIONS													
MEDICATION (Dose, Route, Frequency)	MEDICATION (Dose, Route, Frequency) Reason for Med Da				ate, Time	te, Time, and Initials					Effects Noted		
DOCUMENTATION of OMITTED DOSE of MEDICATION													
MEDICATION (Dose, Route, Frequency)		Dose Omitted							Reason for Omission				

#### **Food Service Policy**

1. (	Camp will	provide	2 meals	and 2	snacks	each da	ay.
------	-----------	---------	---------	-------	--------	---------	-----

2.	Meals will be served family style with occasional salad bar and buffet. Snacks	will be served
	informally.	

- 4. Special dietary problems will be handled under directions from camper's parents or campers physician or <u>Camp Director or Cooking Teacher</u>.
- 5. Camp health officer or <u>Camp Director</u> is responsible for checking that diet provided meets camper needs.
- 6. All weekly menus will be kept on hand, at camp, for the entire season.

#### 7. MEAL SCHEDULE:

**BREAKFAST 8:00 AM** 

LUNCH <u>10:30 PM - 12:30 PM</u>

SNACK 10:00 - 11:00 AM 1:00 - 3:00 PM

JUICE BREAK <u>10:00- 11:00</u> AM <u>1:00 - 3:00</u> PM

#### 8. NOTES/ COMMENTS:

1/13/2020

#### <u>Transportation Policy Statement</u> <u>GENERAL POLICY</u>

DRIVER QUALIFICATIONS: All drivers of camp vehicle must be:

- o At least 18 years old
- o Possess a valid Michigan driver's license appropriate for the vehicle to be driven
- o Be listed on camps insurance policy
- o A chauffeurs license is preferred

#### **VEHICLES:**

Drivers must complete a pre-trip safety check and document it. The camp director will periodically check vehicle logs and perform prevention maintenance at intervals as recommended by vehicle manufacturer. Once a year, all vehicles with a capacity of 12 or more will be inspected by the State Police.

#### RIDERS:

- o One staff member in addition to the driver will accompany each group of 12 or less campers.
- o All campers and staff will wear vehicle safety belts.
- o All riders must remain seated.
- o Campers will refrain from distracting driver.

#### **EVACUATION:**

Staff will be aware of all available exits from the vehicle to be utilized. Campers are to be evacuated away from vehicle and any other hazards and held as group until they can be released to their parents or another vehicle. Once clear of vehicle staff will take a head count. The vehicle will be marked with flares if in a traffic area.

#### LOADING/UNLOADING:

- o All loading and unloading of campers and gear will be done off roadways
- o Campers are to remain orderly and enter and leave in single file
- o A staff member is to make head count each time campers enter or leave
- o No gear can be stored in a manner that causes aisles or exits to be blocked

#### TRIPS: (all field trips will be completed using chartered bus services)

When a vehicle leaves on a trip with campers aboard there must be a trip agenda left behind. The driver should carry: maps, emergency hospital information, campers records and emergency health release, camp emergency contact numbers, and this information.

1/13/2020

# Transportation Policy Statement EMERGENCY TRANSPORTATION

#### **CARS DESIGNATED EMERGENCY VEHICLES:**

Will carry first aid kits and fire extinguisher, be registered, have a full tank of gas, be insured, and have seat belts for every person.

#### **EMERGENCY TRANSPORTATION AND SERVICES**

In the event of an emerge	ncy or serious injury, the(other member Administrative St	(Health Officer)
or	(other member Administrative St	aff) will make the decision whether
	ne individual(s) concerned for medical trea	atment using the camp emergency
vehicle:		
belonging to	, or	·
In emergencies we will us	e EMS when possible.	
Our camp's arrangements	s for Emergency Transportation are with	
	and they will s	send an ambulance from the
	ervices are required, we will take campers	
	, at	, phone
	possible the parent release form, insuran-	
-	cation the camper has at camp. A	
staff member will attend to	o patient in transit when possible.	
•	ff are available on a twenty-four hour basi	
our campers arrival. Admi	inistrative staff at camp will contact parent	
	staff member will accompany any	person sent by ambulance to the
hospital.		

# <u>Transportation Policy Statement</u> <u>EMERGENCY VEHICLES AND DRIVERS</u>

Emergency vehicles must be appropriately licensed and inspected. List emergency vehicles and drivers.

NAME	MAKE	MODEL	YEAR	LICENSE
	•			
	-			
	-			
				_

Note Location of KEYS:

# Transportation Policy Statement VEHICLE CHECK LIST

#### **VEHICLE CHECK LIST - TRIP CHECK LIST**

	Lights
	Lighting systems
	Tires
	100
<del></del>	Exhaust system
	Windshield wipers
	Tires
	Emergency warning systems
	Steering
	Horn
<del></del>	Braking system
	Oil level
	Emergency supplies
	Coolant level
	Cooling system
	Emergency warning system
<del></del>	
	Windshield wipers
	Lubrication system
	Transmission system
	Suspension system
·	•

#### **FIRE EMERGENCY**

#### **CAMPERS...** IF THERE IS A FIRE IN A CLASSROOM

- Get out to safety!
- Each classroom has an exit plan
- Walk quickly away from fire and meet your group across the street from the church in the church commercial lot.

DO NOT STAY TO FIGHT FIRE... GO DIRECTLY TO THE LOT ACROSS THE STREET!

#### CAMPERS... IF YOU HEAR THE FIRE ALARM...

- Stop what you are doing! Stay calm.
- Walk quickly, from the classroom, and meet at the lot across the street from the church.
- Call 911!

#### STAFF... IF THERE IS A FIRE IN A CLASSROOM...

• Follow the directions outlined in the exit plan

#### Get the campers out to safety!

#### If fire is <u>large</u> or spreading...

- Get everyone (including yourself) out to safety!
- Alert other staff/adults in area.
- Gather campers in your area and calm everyone!
- Send runner for help to office or dial 911
- Evacuate to the lot across the street. If that is blocked head to the opposite corner at the end of the block

#### If the fire is small...

- Use fire extinguisher by twisting out pin, aim hose at base of fire and pull trigger
- Tell campers to alert other staff
- Send runner for help at office and send all campers to the lot across the street
- If fire is not out evacuate and if no one is in office, call 911
- If fire is out send for other fire extinguishers to make sure it will stay out!
- Report incident to office! Calm campers and reassure everyone!
- If no camp staff is found and an evacuation is needed call 911 and then sound alarm which is the large red button by the light switches in the lodge and dining hall. Fire alarm is three short blasts with break in between FIRE-FIRE repeat till everyone is accounted for.

#### **BAD WEATHER**

#### FOR CAMPERS...

#### IF YOU HEAR THE WARNING FOR BAD WEATHER...

- Stop what you are doing! Stay with the adult or group you are with. Stay calm.
- 2. Walk quickly to designated safe area.
- 3. Listen to staff and do as they say.
- 4. If you cannot get to designated area **lay in a low spot** on ground.
- 5. Listen for one siren blast to say it is ok and meet at the lot across the street.

#### FOR STAFF...

#### IF THERE IS TORNADO OR STORM WATCH... we will let you know

#### **WE WILL NEED YOU TO:**

- 1. **Meet** your campers in your classrooms.
- **2. Report** to your supervisor if anyone is missing.
- 3. Keep Everyone Calm and make sure they have fun!
- 4. Do Not Leave Your Room without permission.

#### IF THERE IS A TORNADO OR STORM WARNING... you will hear a siren (or be told)

#### WE WILL NEED YOU TO:

- 1. **Gather any campers** you are with and take them to the classrooms
- 2. Do not move to another building unless you are told.
- 3. Huddle campers in classroom away from doors and windows
- 4. Try to keep everyone calm. Make sure you have your class roster..
- **5. Wait** until you are told to relax
- 6. Wait until someone gives you an all clear to come out.
- 7. If the storm does **damage** to you the area. Depending on the damage, parents will be notified to pick up campers to avoid injury to campers, If anyone is injured send staff to phone 911 for help.

(Watch means there are storms possible of producing a tornado; Warning means a tornado has been spotted)

# MISSING CAMPER FOR STAFF

#### IF YOU CANNOT LOCATE A CAMPER...

#### **WE NEED YOU TO:**

- 1. Do a quick check of the area
- 2. Ask other campers for information
- 3. Check with other staff/adults in area
- 4. Let an administrative group member know you are looking for a camper.
- 5. Check all their favorite places and other camper cabins.
- 6. If you do not find the camper within 10 minutes let the administrative staff and they will help.

know

7. If they do not find the camper in 15 – 20 minutes they will do a fire drill and start a lost camper drill.

#### LOST CAMPER DRILL...

- 1. Your group leadership will set up a **contact person** in the office.
- 2. Run a fire drill to bring in all campers and staff to flagpole.

Ask campers for more information about missing camper.

Calm everyone and have two staff supervise campers and lead songs

- 3. Organize searchers to:
  - · Check each area and building in camp.
  - · Use vehicles to search north and south along M-25.
  - · Cover beach area.
  - · Check all trails and roads.
  - · Set up lines of people to sweep through wooded areas.

#### Searchers will:

- · Call the camper's name as they search.
- · Report in to pass along information and get their next assignment.
- · Continue to search until you hear a blast of fire alarm or a whistle.

#### WHEN CAMPER IS FOUND...

The camper **will be treated "gently**" and the situation will not be discussed with the camper until an administrative group person is present. The fire alarm and whistles will be sounded to call in the searchers. Campers will go on with programming.

#### IF CAMPER IS NOT FOUND...

Administrative staff will contact Sheriff and guardian.

#### **TORNADO EMERGENCY**

#### Administrative Staff

CAMP DIRECTOR or Person in charge will make decisions according to information gathered on storm, group's abilities, and number in camp. We have options: 1) to continue programming and begin close storm watch, 2) move to classrooms, and 3) move to basement of church.

#### **STAY IN CLASSROOMS**

- 1. Calmly alert core staff
- 2. Send campers & counselors to classrooms/program areas
- 3. Plan program or snack if time
- 4. Review with staff procedure for BAD WEATHER DRILL:
  - Move into classrooms.
  - Use classrooms and hallways without windows or doors for campers sit facing the walls and protect heads in crouch positions.
  - Open two windows.
  - Wait for all clear or other instructions.

#### **EVACUATE CAMP**

This option will only be used if there is a very high threat and ample warning.

- 1. Alert core staff
- 2. Call 911 for sheriff's department for help
  - Give: your name and that your are from Camp Sample
  - Located: lakeshore rd. ½ mi north of county farm road
  - Enter: main gate or south gate
  - Evacuating to house up front
- Take: master list & radios
- 4. Use runners or alarm to notify unit staff
- 5. Health officers bring first aid kit.
- 6. If time bring flashlights, things to drink and eat, fans, and activities for kids.

#### **CORE STAFF WILL**

- 1. Report to office for directions gathering any children on way
- 2. Do not search for missing campers, report to office or shelter and we will send searchers
- 3. Help calm campers and keep counselors informed

#### **MISSING CAMPER**

#### **Administrative Staff**

LOST CAMPER DRILL: COUNSELORS CANNOT ACCOUNT FOR A CAMPER.

#### STEP 1.

A quick check with other staff as to the whereabouts of the missing camper shall be done. Be sure to check camper's favorite places..

#### STEP 2.

If camper fails to be found, Two (2) designated staff will begin the search, one (1) going south and one (1) going north.

#### STEP 3.

Call police office immediately to inform of name, age, appearance, and when last seen.

#### STFP 4

Remaining counselors will stay at the church in case camper returns.

#### STEP 5.

After a reasonable time the parents will be contacted by the Director to inform them and find out if camper has called.

!!! It will be important to have younger campers in the church playing games. This will be handled by Junior Counselors and one designated staff person if needed. The rest of the camp staff can be used in the search.